

SOCIETY  
PROMOTING  
ENVIRONMENTAL  
CONSERVATION

# *SPEC* 2009 ANNUAL REPORT



*Healthy Cities are our Future*

WORKING TO EDUCATE AND EMPOWER CITIZENS  
TO BUILD HEALTHY, LIVEABLE CITIES SINCE 1969



## Message from the President

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SPEC is 40 years old, making us, we believe, the oldest environmental organization in Canada. Founded in 1969, SPEC is a non-profit charitable organization that addresses environmental issues in British Columbia, with a particular focus on urban communities in Lower Mainland and the Georgia Basin. Through our public education programs and advocacy work, SPEC works hard to raise public awareness on environmental issues and encourage policies and practices that lead to urban sustainability.

And what a dramatic year it has been for SPEC and all environmental organizations, what with the downturn in the economy and continuing major challenges on the environmental front, with the effects of climate change perhaps being the most obvious. Despite these many challenges, SPEC continues to work together with citizens, government and industry to reach our goal of creating a truly healthy, liveable environment.

Our campaign committees continue to be active as you will see from the following pages. The Food Safety and Security Committee is made up of SPEC board members and supported by volunteers, work study students, and SPEC staff. The waste management and battery recycling program continues to be a success with more batteries coming through the door every week and the SPEC building continues to grow as a model renewable energy centre.

On the financial front, it has been another challenging year for SPEC. Once again, in a year defined by the global (and very local) financial crisis, we were unable to find the kind of sustainable funding that was necessary to fund our plans and our continuing narrow individual donor base meant we had little flexibility to deal with unsuccessful grant applications – a problem shared by many ENGOs. The situation became even more dire for us when the Province, for the first time, denied our gaming grant application. The very unfortunate result of this is that we have had to let go our esteemed Executive Director, Karen Wristen. For almost five years Karen has been the primary spark plug at SPEC, doing everything from campaigning to fundraising to deck-building. We will miss Karen greatly, thank her for her devoted service and look forward to working with her again in the future.

I want to thank the Board for their constant support and encouragement and especially thank Operations Manager Ilse Sarady, who is the constant presence in the office, keeping the doors open and the building running. We couldn't do it without her.

The need for SPEC has never been greater. Healthy cities are our future. A community oriented, practical, education and campaign oriented environmental group, SPEC has been around for 40 years and my prediction is that it will be around for 40 more, still fighting for the environment and for healthy communities. We should celebrate that prospect.



Gerry Thorne  
President

## Food Security

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### *Directed Studies Projects*

This year saw SPEC again partnering with UBC students who were looking to gain experience beyond the gates of their campus. During the winter, SPEC Directors Tara Moreau and Carol Christopher supervised Faculty of Land and Food Systems students Caitlin Dorward and Madeleine Martin-Preney on a research project in support of a food security study currently being conducted by the Vancouver Food Policy Council. Caitlin and Madeleine conducted a review and critical analysis of food security indicators used in major food security assessments from across the continent. Their report and recommendations, which came out of this research, is now being used by the Council to assist with the process of selecting appropriate indicators of food security for the Vancouver region, and the students also hope to make their report available to other organizations in the near future.

### *The Rooftop Garden*

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With the goal of enabling our volunteers and visitors to learn more about best practices in organic urban agriculture from our roof top demonstration site, much work was done this summer to make information about our rooftop garden available. Signage about key features on the roof was created, and information packages about many of the unique gardening techniques we utilize to grow food in small spaces are now on display (and available to take home) in the stairwell leading up to the rooftop.

A "Garden Log Book" was also developed, and every planter on the rooftop is now labeled with a number. This new system will allow us to better track the successes and progress in our garden, as well as learn from any problems we do encounter.

Urban agriculture has also found its way into our building this summer! We are pleased to announce that a beautiful, garden-themed mural has been painted throughout the stairwell leading up to the rooftop garden. The mural is a fantastic visual representation of the bounty we strive to cultivate on the roof, and we hope it will entice many visitors to take a tour of what is above. Thanks so much to local artists Jodi Mayne and Naomi Cairns



*Volunteer Jodi Mayne spent many hours beautifying the stairway leading up to our rooftop garden. For more info on her mural work, contact her on [jodi.mayne@gmail.com](mailto:jodi.mayne@gmail.com)*



for volunteering their time and creativity to create the wonderful mural. We would also like to thank General Paints and Ici Paints for their in-kind donations of painting supplies for the project.

The gardening season in Vancouver is winding down now, but certainly has not come to a close. Our skilled volunteers Carmen Esau and Cindy Yee have helped us to get ready for the cooler months ahead by constructing two cold-frame planter boxes for each the City Square, and

Rooftop gardens. All that we need now is a donation of wood to build the cold frames! We look forward to extending out harvest into the winter with the help of these new additions to the gardens!

Finally, a big thank you goes out to our dedicated team of rooftop waterers - Elaine, Diane, Ivan, and Brad for their commitment through the summer months to keeping our veggies well-hydrated, as well as all the volunteers and board members who came out to our rooftop work parties throughout the season to help plant, maintain, and develop the garden. It could not have thrived without your help!



#### ***Outreach material development***

Many volunteers were also busy this summer working to develop outreach materials for the Food Safety and Security Campaign. Caitlin, our summer intern, would like to thank all the volunteers who helped with these projects, which included a "Plant a Seed" kit to entice on-site participation in urban agriculture, a word search game designed to be a lesson about companion planting, a creative brochure about the important link between pollinators and food security and what you can do to attract these beneficial insects to your garden, as well as a photo album that showcases and documents much of the exciting work that has been happening in this campaign area over the past four years.

### ***Square Foot Gardens Schools project***

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Last fall SPEC received \$30,000 from the Vancouver Foundation in support of our “Square Foot Gardens Schools Project”. This grant allowed us to start up a pilot project to work more closely with our local schools, delivering quality programming integrated with the school curriculum.

In the spring of 2009, Catriona Gordon, our School Gardens Community Coordinator starting working with two local schools, Bayview Community School and Kitsilano High School to begin school food gardens and teach students about food security issues. Over 200 students and their families were involved, ranging in age from 4 to 15 years old. Gardens were designed, created, planted and maintained by students and their families. Over the summer months community groups were also involved in the tending of established school gardens, including Point Grey Community Church, Jericho Kids Club summer daycare, and children and youth groups from Kitsilano Community Centre.



Before starting the project, many students had little idea about where our food comes from, or how to grow food. Over the course of 3 months, students learned about soil,

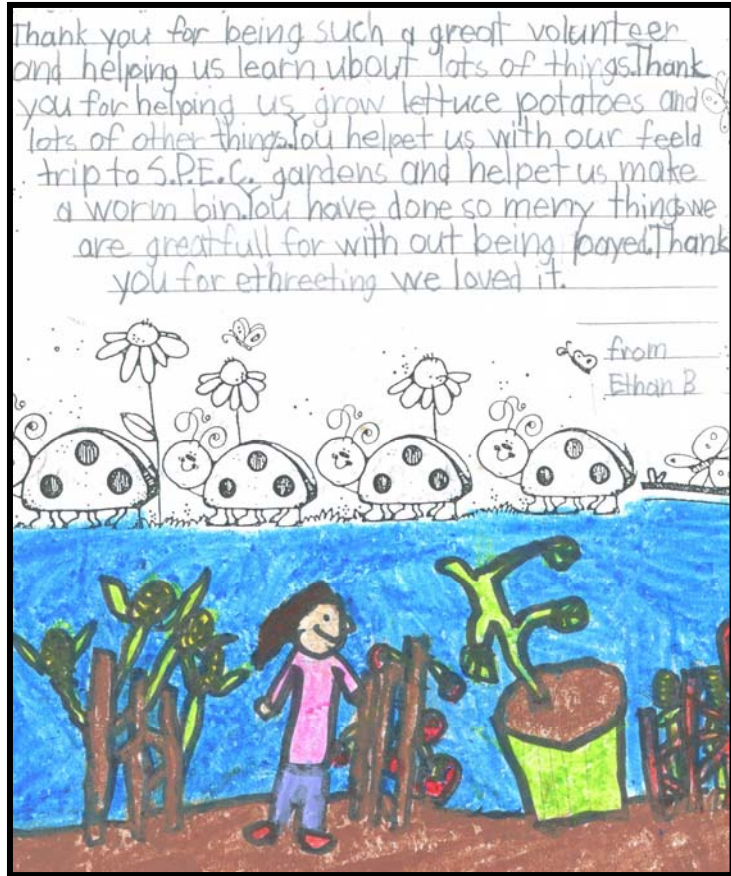


amendments, garden design, starting seedlings indoors and direct sowing outdoors. They explored how far our food travels, did blind taste tests of local vs. imported produce, mapped food miles and learned about agriculture in B.C. They also learned about flower anatomy, pollination, orchard mason bees, composting and organic pest control. Class visits were made to SPEC and City Farmer, to learn more about sustainability, growing our own food, composting and solar energy.

At the end of the school year, students harvested the produce and made a giant salad. Thanks to our program, many students motivated their parents and families to start a home garden and are now more aware of what they eat and where it comes from. One of our favorite stories is from a mother that came to visit the SPEC building with her



children. Her son and daughter were eager to show her our roof top garden, where they had sowed and cared for many different types of vegetables. While the kids showed their mum their growing food crops she told us that the kids had forced her to plant carrots and other veggies in all her flower planters on their balcony! She also told us that the children were now enthusiastically eating vegetables that they before had rejected at the dinner table. This is one of many stories that parents have shared with us, and these stories clearly state that we are succeeding with our important mission of promoting food security to children and their families.



You can read more about work with the schools on our website:

<http://www.spec.bc.ca/gardens/sqftschoools.php>

This summer SPEC also became a co-investigator with the University of British Columbia, Faculty of Land and Food Systems, and the Vancouver Food Policy Council on an application to the Social Sciences and Humanities Research Council for a Community-University Research grant (CURA). The focus of the grant is to develop educational policy and practices on food security for schools. We aim to deliver the best possible curriculum and programs to reduce carbon emissions throughout the Vancouver school system. We are enthusiastic about our joint capacity to create an innovative program with real impact on the carbon footprint of school children, school programs, and school buildings.

### **City Hall Garden**

As part of the City's commitment to 2010 Community gardens by 2010, the Mayor Gregor Robertson announced in March 2009 that part of the City Hall lawn would be dedicated to community gardens. The idea to grow local food on the grounds of City Hall is the first "Quick Start" recommendation to come from the Greenest City Action

Team. SPEC was honored to be chosen to work with the staff at City of Vancouver on the design of the garden. The garden was later constructed by Evergreen, who is also in charge of running and maintaining the garden.

### ***SPEC's City Square Communal Garden***

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This, the fourth season of the City Square Communal Garden at 10<sup>th</sup> Ave. and Cambie Street, has been the most successful to date in almost every way – from better infrastructure, more gardeners, and increased productivity. The name now better reflects our unique approach to the garden. Contrary to most community gardens, individual plots are not assigned, and all members work collectively to plan, plant, maintain, and harvest the garden. This model works particularly well for those who are inexperienced, or those who are not in town for parts of the summer.

Last season ended with the removal of all vegetation in order to prepare for the installation of raised beds. In mid-October, we installed ten 5'x 3' raised beds, which facilitated the planning of the garden and also marked clear areas where food was growing to deter people and pets from entering the garden. The garden was then mulched heavily with leaves, and left idle for the bulk of the winter, with activities began again in March of this year.

The Plan-A-Garden Workshop was held on March 29, 2009 and attracted over 30 participants. Led by volunteers Vicky Baker and Corine Singfield, participants were provided with information on elements to consider when planning the garden (vertical gardening, companion planting, crop rotation and square foot gardening). This was an interactive workshop, and participants worked together to plan three garden beds, taking these aspects into consideration.

Because the beds were new, soil was needed to fill them with. We successfully sought out donations from our local Canadian Tire to fill three beds, as well some tools that were missing, and some wire mesh later in the season. The City of Vancouver donated about 4 cubic meters of compost, as well as a second composter for the garden.

Planting began soon after, and over the season, we had a team of approximately 25 gardeners, who have collectively put in nearly 500 hours to the garden. Approximately 1/3 of our gardeners are children, and we believe that by getting the next generation interested in growing food and eating healthy is invaluable. One highlight of the year is when two former little gardeners came to visit, and one of our 10 year old gardeners proceeded to give them a tour, naming all the plants and the techniques we used!



*Kiana cutting the alyssum which has gone to seed. We will dry it a little more then put it in paper envelopes for next time*

Another great learning opportunity presents itself when issues arise. We have used organic methods to mitigate the effects of rats, powdery mildew, and white flies.

This year the garden has grown nearly 50 different crops, including over 100 varieties. Most of these are locally produced and/or heirloom varieties, supporting our mandate of local food and protecting agricultural biodiversity. Seedlings were once again grown at the greenhouses at UBC, and detailed records are now kept which show the date each crop is planted and harvested, and regular blog entries inform the public of our activities, as well as serving as a record internally.

We continue to work with the City Hall Childcare Society, who provides us with access to water supply, and have coordinated a planting activity with them in May. A recent change in contact person may allow for more communication and initiatives.

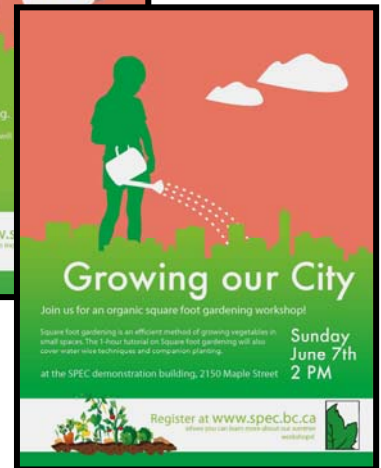
Our goal this year is to keep the garden active all winter, through planting specialized varieties adapted to our local winter climate. When planning for next year, we will formally dedicate the harvest of one bed to the Mount Pleasant Neighbourhood House, in the spirit of the City's Plant-A Row Share-A-Row program. We will continue to expand our volunteer base, to more fully realize the potential of the garden.

To find out more, visit the garden at 10 am on Sundays or e-mail Vicky Baker: [bakervicky@shaw.ca](mailto:bakervicky@shaw.ca) Also visit the blogspot at <http://specgardens.blogspot.com/>.



## Workshops –Food Security\_\_\_\_\_

SPEC presented a series of workshops for the public focused on urban agriculture during the past year. First out was our *Growing our City*, an organic square foot gardening workshop that allowed participants to learn more about efficient methods of growing vegetables in small spaces. The 1-hour tutorial also covered water-wise techniques and companion planting. Our second workshop, *Yes I can!* -an interactive workshop on food preservation using canning methods. Participants were given an introduction to canning local food and learned a step by step process on how to safely preserve food through canning. Unfortunately we to turn down a lot of eager people, since we only had room for 8 participants. We plan to offer this workshop again next year for the once who missed out.



*Poster design by our talented graphic designer volunteer Rachel Simpson.*



*Yes I can! participant are being thought how to make jam out of local BC plums. On the left –SPEC Director Tara Moreau.*

## Workshops-False Creek Community Centre\_\_\_\_\_

During the spring and summer, False Creek Community Centre asked if SPEC would be interested in hosting a series of workshops at their facilities, which we happily accepted. The workshops we hosted were designed for families trying to understand the meaning of “living sustainably” to help them reduce their footprint.

### *Waste and Recycling.*

This workshop focused on the issue of waste. It discussed how the increasingly important waste management issues in Vancouver can be alleviated by focusing on source solutions rather than end-of-pipe solutions. Participants learned about consumption and waste how they can reduce, reuse and recycle all kinds of consumer products.

### *Sustainability & Food*

Participants learned how to grow food in container gardens. They were given information on the choice of container, growing medium and the types of plants best suited to container culture, companion planting, feeding and basic pest control.

### *Sustainability in the Home*

Participants learned about inexpensive and cost-saving measures in the home. These included low-energy lighting options, low-flow faucets and draft stopping techniques and techniques to reduce energy consumption.

## **SPEC Roof Top Research Project** \_\_\_\_\_

Over the summer, Tara Moreau began a second directed studies project with UBC student researchers Melissa Iverson, Kate Menzies, and Emma Holmes. Their research, done in collaboration with West Coast Seeds, has them investigating the effect of soil amendment choice on crop yields in an effort to apply scientific research in ways that provide essential information for improving success of urban agriculture.

The research is taking place on the rooftop at SPEC and involves some 240 container plants. There are four different crops (pea, kale, lettuce and radish) and four soil treatments (potting mix, potting mix + Sea Soil™, potting mix + Gaia Green, and potting mix + Miracle Grow®). The group's hypothesis is that each of the three amendments will increase yield compared to the control (no amendment). Also, based on nutrient requirements, some crops may show a marked preference for a specific amendment



*SPEC Director Tara Moreau and UBC researchers Melissa Iverson, Kate Menzies, and Emma Holmes*

over others.

With the help of our SPEC volunteers, the students are hoping to have this research wrapped up by mid December. After, the group will begin analyzing the results which are planned to be presented in a paper for submission to an academic journal. You can read more about the research on the blog:

<http://specgardens.blogspot.com/>



## Transportation

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Transportation Minister Kevin Falcon announced quietly, on a Friday afternoon in February, that the Province will fund 100% of the Port Mann/ Highway 1 project, because none of the world's major banks will touch it. Two weeks earlier, he was cutting a ribbon and mentioning without much fanfare that, instead of twinning the bridge, he now plans to take it down entirely and replace it with a new, 10-lane bridge.



*SPEC Director Karen Wristen in action to stop Gateway and climate change.*

Now estimated at \$3.3 billion, the project will likely exceed even that by the time it is completed. The Province's budget, brought down on February 17, contained no funds whatsoever for Port Mann/Highway 1. It did, however, contain a note saying that they couldn't possibly offer a budget for the project because no agreements had as yet been signed.

When first proposed, this was to be a "P3" project, built with capital borrowed by private sector contractors and financed by tolls on the bridge. One by one, the private sector bidders left the competition, until only Macquarie Group remained. That group was unable to

convince a consortium of banks from all over the world to finance the project, even under a complicated syndication scheme designed to share the risk.



SPEC and the Wilderness Committee attempted to deliver to the Premier's Office a petition, containing over 10,000 signatures. That petition asked that the current plans for the Port Mann / Highway 1 expansion be cancelled and that any immediate investment in public transit for the Lower Mainland be prioritized.

It was interesting, trying to deliver the Better Transit, Not Freeways petition to the Premier's Office on April 23rd. We had about 15 people out, holding super-size petitions and our banners. CBC and Fairchild sent cameras; 24hours and CKNW also attended and all did interviews. The Wilderness Committee bears were there, melting in the sun while it all went on.

At 12:30, we entered the reception area for the Premier's office and security went into a tizzy, refusing us access to the elevators. We asked for a representative from the Premier's office to come down to receive the petition and, many minutes and phone calls later, we were told there was no answer on their phone. We learned, however, that the Premier was just about to give an address next door at the Convention Centre, so off we went.

More security. At the end of the day, the voices of 10,000 people are in the hands of Ram, a privately contracted security guard at Canada Place, who has faithfully promised to ensure delivery.



*Former SPEC Transportation campaigner David Fields lends a helping hand to the polar bear trying to deliver 10,000 petition signatures to the Premier.*

## **Waste Management/Battery recycling**

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During the past year SPEC has worked together with our volunteers Michelle Wong and graphic design student Maggie Chou to update and make our battery display more educational and interesting. As part the display we designed a battery quiz and a memory game. Thanks to the generous donations of Indigo Natural Product the first quiz winner walked home with a basket fully of yummy and healthy treats!





During this year we also worked together with the Motion Sickness Collective, which is run by three graduate students from Emily Carr University: Gillian Cole, Leanna Knowles



and Su-An Ng. Gillan, Leanna and Su-An volunteered to develop a battery animation for SPEC. The aim with the animation is to further spread the knowledge about the importance of battery recycling and encourage safe disposal of used batteries. We hope to have the animation ready and up on our website in the near future.

## **Renewable Energy**

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In February SPEC commissioned Paradigm Energy Solutions Ltd to carry out an energy audit on the building. The purpose of the audit was to understand the utility performance and identify opportunities for future energy saving measures within the building.

Conclusions from the audit indicated that it would be beneficial for SPEC to update/change certain features. These included installing a new heat pump and high efficiency gas furnace. SPEC is now hoping to find the financial support to fulfill these upgrades, especially since our furnace has threatened to retire lately!

The building audit report also indicated that the carbon footprint of the SPEC building is low, at 1.1 tons per year. Natural gas is responsible for 88% of the total carbon footprint of the building and the remainder is from generation of electricity. It should be noted that emissions related to transportation and office consumables were not included in this calculation.

## **The SPEC Building**

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### ***Room rental***

Room rentals at the SPEC building provide groups with affordable meeting space and also help SPEC by providing a monthly income which allows us to keep the office running. We are very grateful towards everyone who supported us by renting our space last year. We would like to especially thank the E3ecogroup, who donated a large whiteboard for our boardroom, and the Vancouver School of Bodywork and Massage (VSBM), who has made SPEC into a satellite campus for their yoga and massage courses. VSBM also generously donated the labor to repaint the meeting room and financed a new DVD player when ours was stolen. Not only did they do all this for us, they also donated all their proceeds from one of their student massage clinics, which raised over \$1,000.

### ***Shared Maintenance***

During the past year we have had many different non-profit groups using the SPEC building as their office. This year we unfortunately had to wave goodbye to BCCIC, who has shared this building with us for many years. BCCIC outgrown their office space and now resides in China town. We also welcomed two new non-profits to our building, StepsForward and BCSEA. We have much enjoyed sharing cups of teas and inspiring conversations with them this past year and we hope that they will stay with us for many years to come. For more info on our office availability contact SPEC [admin@spec.bc.ca](mailto:admin@spec.bc.ca)

### **Volunteers**

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This year has been a tough year. We have been very busy at the same time as our staff resources have been cut, due to lack of funding. Thanks to many skilled and generous volunteers, SPEC has managed to keep up our work. We would like to thank the following volunteers for their amazing contribution to help this organization going. The truth is, SPEC would not be what it is, and could never have done all that we did in the past year without all of them. **A heartfelt thanks to all of you volunteers!**

Volunteer	Description of volunteer work
Albert Trullas	Battery research
Alison Bradley	Research and writing: solar equipment manual, annual report
Ann Foster	Editing and gardening
Bradley Atcheson	Rooftop gardening
Caitlin Dorward	Food Security Indicators Research
Cambie Demo Garden Volunteers	Gardening (11 volunteers working with Vicky Baker)
Carmen Esau	Cold frame design
Carina Ramello	Website development/updating
Caroline N Chingcuanco	Website updating, outreach material development
Cecile Helten	Archive maintenance
Cindy Yee	Cold frame design
Cristian Ginja	research and carpentry
Danny Wong	Admin work, research and website updating
Diane Lafontaine	Rooftop gardening
Elaine Joe	Rooftop gardening
Elissa Berrill	Data entry
Evelyn Tiechman	Fundraising
Gillian Cole	Battery animation
Gwen Huber	Food security research
Ivan	Rooftop gardening
Janice Kwon	Gardening
Jason Fast	Fundraising, general admin
Jasper Shore	Carpentry

<b>Jodi Mayne</b>	Administration and food mural design
<b>Joline Bird</b>	Gardening
<b>Julia Levermann</b>	Research-- Food Security
<b>Julian Zhang</b>	Website development
<b>Karlie Kowalski</b>	Website development
<b>Krishna Bowick</b>	Graphic design
<b>Laura Lam</b>	Energy audit lighting calculations
<b>Leanna Knowles</b>	Battery animation
<b>Leonardo Harada</b>	Solar inverter software development
<b>Lynette Han</b>	Research
<b>Madeleine Martin-Preney</b>	Food security indicators research
<b>Maggie Chou</b>	Graphic design
<b>Marcie Esau</b>	Woodwork and design
<b>Max</b>	Gardening
<b>Michelle Wong</b>	Battery drawings
<b>Naomi Cairns</b>	Food mural design
<b>Nathan Hesketh</b>	Communication, workshop poster distribution
<b>Pia Massie</b>	Administration
<b>Quinn Buchana</b>	Research-legal/environmental
<b>Rachel Simpson</b>	Graphic design/workshop poster design
<b>Sawamoto Mizuyo</b>	Poster design
<b>Shannon Enns</b>	Administration and fundraising
<b>Shota</b>	Administration
<b>Su-An Ng</b>	Battery animation
<b>Summer camp groups</b>	Garden maintenance
<b>Tim Collins</b>	Research and website updating
<b>Tom Baker</b>	Carpentry and computer support
<b>Vicky Baker</b>	Garden management

## Why do you choose to volunteer with SPEC?

A volunteer Story...

"Volunteering for SPEC has allowed me to work with fantastic and interesting people, who are so devoted and committed to keeping Metro Vancouver green. As a photographer, I enjoy capturing the enthusiasm that SPEC volunteers possess; it's quite contagious."

*Volunteer Duran Cheung*

"Volunteering with SPEC allows me to connect with a diverse range of individuals who are committed to securing Metro Vancouver as a healthy livable region that coexists with the natural world we are so blessed to be surrounded by."

*Volunteer Jordan Brock Fowler*

## **Board of directors**

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### **2009 Board of directors**

Gerry Thorne –President	Larry Fast
Dan Rogers-Treasurer	Paul Hundal
Carole Christopher-Vice President	Lucy Pearson
Joanna Robinson-Vice President	Rob Baxter
Tara Moreau-Secretary	Ndonodji Djerambete
Jess Metter-Executive Member at Large	Amanda McCuaig
John Irwin	

### **A fond farewells to board members**

Ndonodji Djerambete, Amanda McCuaig, John Irwin and Lucy Pearson. We thank you for the amazing work, time and efforts that you have given to SPEC during the past year. We wish you the best for the future and hope to see you around the SPEC building soon! Many thanks!

## **Funders 2009**

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SPEC would like to acknowledge and thank the following funders and in-kind donors for generously supporting SPEC in 2009.

### **Funders:**

- Vancouver Foundation
- Direct Access Gaming
- City of Vancouver
- Mountain Equipment Coop
- United Way
- Dunwoody Staff Fund
- TELUS staff matching grant

### **In kind donors**

- Juliet's Room
- Indigo Natural Products
- Vancouver School of Bodywork and Massage
- Choices Market
- E3ecogroup
- Mountain Equipment Coop
- Sappho Cosmetics
- General Paints
- Ici Paints



- Canadian Tire
- UBC greenhouses

## **Financial highlights**

Our financial situation at SPEC continued to be challenging last year. A number of grants we applied for and expected were not forthcoming and as a result a number of projects had to be curtailed, most particularly the transportation project. We managed to maintain a very small surplus but the news for this current year is not good. We continue to reduce our expenditures but our ability to respond to issues or to mount campaigns is directly affected by our income.

Fully 25% of our funds from last year came from our Gaming Grant. As is well known, the BC government has cut off agencies such as ours from those grants. This will require more emphasis on donations, memberships, fundraising and volunteers but we have no choice in order to continue to play an important role in the environmental issues of today. Your support is more important than ever.

<b>INCOME STATEMENT SEPTEMBER 2008 – AUGUST 2009</b>			
<b>INCOME</b>	<b>Source</b>	<b>Amount</b>	<b>% of total</b>
	Gov't (municipal)	923.44	0.7
	Gaming	34,000.00	25.6
	Donations and Memberships	31,590.50	23.8
	Grants (Foundations)	23,538.10	17.7
	Earned Income	39,558.85	29.7
	Miscellaneous Income	3,260.56	2.5
<b>Total</b>		<b>\$132,871.45</b>	
<b>Expenses</b>	<b>What</b>	<b>Amount</b>	<b>% of total</b>
	Staff and Contractors	80,006.95	60.7
	Office Expenses	25,639.10	19.5
	Facilities	16,910.52``	12.8
	Direct Program Expenses	8,909.84	7.0
<b>Total</b>		<b>\$131,760.5</b>	
<b>Net Income</b>		<b>\$1,110.95</b>	

## Support SPEC!

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This year, consider shifting your membership contributions to an automatic monthly donation. As a small, member-driven organization, SPEC strives to keep overhead costs low, and concentrate resources on campaigns. Switching to an online monthly donation lowers administrative costs and regularizes your contribution over the year, for years to come. It also provides a stable source of funding to SPEC, and allows us to plan more reliably. Please consider becoming a monthly. And don't forget tell your friends and family about us too!



**YES! I want to help SPEC to grow healthy cities.**

I want to make a gift of ☐ \$20 ☐ \$50 ☐ other:  I want to make this donation monthly ☐

☐ My cheque for SPEC is enclosed ☐ New Member ☐ renewal  
☐ I want to use my credit card ☐ Mastercard ☐ Visa

Credit card #  expiration date  CVN   
(3 digits on back of card)

First Name:  Address:   
Last Name:   
Email:   
Phone #:  Date:  /  /  Postal Code:

**Thank you for your support!**  
A charitable tax receipt will be issued as soon as we receive your donation.  
Society Promoting Environmental Conservation [spec.bc.ca](http://spec.bc.ca)

Thank you for your support! All donations are tax deductible.