

Some Resources Related to Coming to Terms with Mortality

All of these can be found online using the names provided below.

- Willow - a local group dealing with end of life and after death planning
- Dying Matters Canada - a local group that has put on Death Cafes, among other things
- Green Burials - Willow has quite a bit of information on this
- End of Life Expo - A day long symposium to be held on Nov 4, 2017 at SFU Harbour Centre. www.endofLifeexpo.ca
- eoluniversity.com - an online site offering numerous free podcasts on death and dying
- Griefwalker - a free NFB documentary featuring Stephen Jenkinson can be accessed online
- Night for All Souls at Mountain View Cemetery. Oct.28-Nov.1
- Books:
 - A current favourite: The Five Invitations: Discovering What Death Can Teach Us
 - About Living Fully by Frank Ostaseski
 - A Ring of Endless Light by Madeleine L'Engle looks at death through the eyes of an adolescent
 - Wise Aging by Rabbi Rachel Cowan and Dr. Linda Thal
 - From Aging to Saging by Zalman Schachter-Shalomi and Ronald Miller
 - Wisdom and Age edited by John-Raphael Staude
 - Die Wise by Stephen Jenkinson

There are many more books and films on these topics.