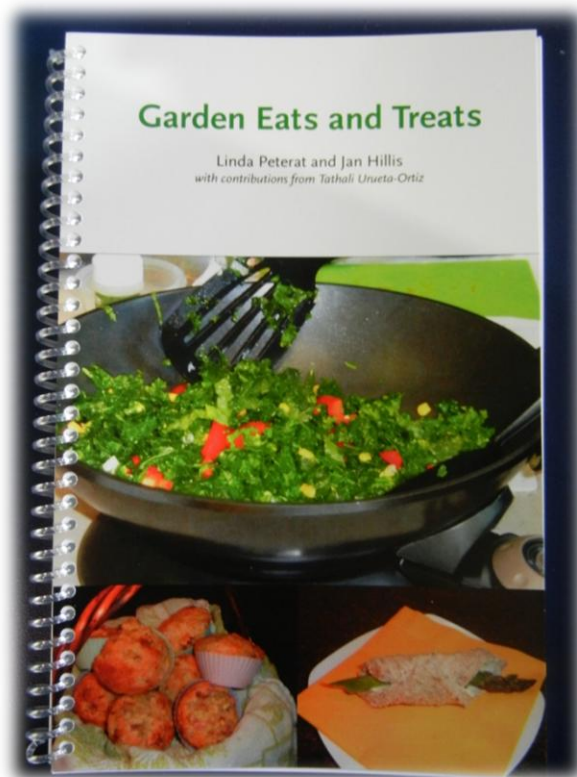


*The book you've been  
waiting for...*

# **Garden Eats and Treats**

*by Linda Peterat and Jan Hillis  
with contributions from Tathali Urueta-Ortiz*

A resource for  
parents,  
grandparents,  
teachers,  
children –  
anyone who eats  
or gardens!



- *91 pages*
- *over 60 recipes* that take you from seeds of spring to squash and root vegetables of autumn harvest

- *39 food tips* on healthy eating, gardening, and food preparation

ISBN 978-0-88865-404-5

**\$15.00**

Available at the Okanagan Science Centre, 2704 Highway 6, Vernon BC

**Garden Eats and Treats** is a publication of the Intergenerational Landed Learning Projects at UBC Farm Vancouver and the Okanagan Science Centre, Vernon. All proceeds from its sale will help sustain the continuation of both programs.

Intergenerational Landed Learning is an award winning program that partners adult community volunteers with small groups of middle school age children who meet from eight to twelve times over the school year to plan, plant, care for and harvest food crops.

The recipes in **Garden Eats and Treats** were developed for and used in the Intergenerational Landed Learning Programs. They are organized in the book according to themes of the gardening program – beginning with seeds through to fall harvest.

Also available from the Intergenerational Landed Learning Project and sold at the Okanagan Science Centre: *Get Growing! Activities for Food and Garden Learning, A Teacher Resource for Elementary and Middle Grades* (2010) by Jolie Mayer-Smith and Linda Peterat (editors). \$25.00